



## INSTRUCTIONS FOR STUDENTS UNDER 18

### What is LionCare?

A program providing 24/7 virtual telehealth - on demand medical and mental health services - to North Central Texas College.

### Who can use LionCare?

Currently enrolled students and part-time employees have access to: Medical, TalkNow (emotional support), Scheduled Counseling and Health Coaching

### I'm under 18, how do I create my account?

Have your parent call LionCare customer support at 833-484-6359 to setup your account. After that, you will need to download the TimelyMD app and then be able to access services from there.

If you have any issues, call that same number.

### How much does a visit cost?

There is no cost to North Central Texas College currently enrolled students, including those under 18.

### What can I be treated for?

Our physicians, counselors and health coaches can treat most common, non-emergent conditions, and after talking to you, will decide on the best course of treatment.

Cold | Sinus infection | Influenza (flu) | Stress and anxiety | Relationships | Depression  
Nutrition | Healthy Lifestyle

### Can I get a prescription?

Yes, if the provider deems it clinically appropriate.

Visit <http://www.nctc.edu/lioncare.html> for more information or call 833-484-6359 24/7 for questions or account help.